

Post Gastric Bypass Medications

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Immediately After Surgery

- 1) Zantac elixir 10 ml twice daily for 1 month
- 2) Roxicet elixir 5-10 ml every 4 hours as needed for pain

Starting After Your Follow-up Visit

- 1) Actigall 300mg twice daily for 6 months (beginning 2 weeks after surgery)
- 2) Adult multivitamin (chewable) once daily for life (may substitute 2 children's chewable)
- 3) Vitamin B12 500 micrograms once daily for life
- 4) Citrical D 630mg twice daily for life (or other form of Calcium Citrate)
- 5) Iron sulfate 325mg once daily for menstruating women (start 6 wks post op)

Resume home medications (except NSAIDS/anticoagulants) unless otherwise directed at the time of discharge – you will need to remain in close contact with your primary care physician, as you need for medications (especially for diabetes and high blood pressure) will change rapidly after surgery.

Diabetic patients must take blood glucose readings several times daily for the first few weeks after surgery, as your need for diabetic medications will rapidly decrease and you do not want to develop hypoglycemia.

All pills must be crushed or capsules opened and medication mixed with yogurt or sugar free Jello.